

THE DANGERS OF MARTIAL ARTS

**-you can slowly boil a frog
but it won't hop out.**

Many people are influenced into joining various types of Martial Arts (MA) as a means of self-defense or attaining some physical prowess, not realizing the religious involvement that is required.

Many Christians, although they have misgivings about Martial Arts, are largely ignorant as to the spiritual implications and the historical origins of the basic practices.

This brochure has been prepared as a means to alert and warn people of the entry into the demonic world emanating from their involvement in all forms of the Martial Arts.

WE'LL LOOK AT:

- 1. MARTIAL ARTS- NOT JUST A SPORT**
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“You cannot drink the cup of the Lord, and the cup of devils; you cannot be partakers of the Lord’s table, and of the table of devils.”

1 Corinthians 10:21

MA NOT JUST A SPORT!

Many Christians involve themselves in Martial Arts (MA) basing their argument on the understanding that these Arts can be viewed merely as a sport. They say that power, speed and timing is the sole interest of the Christian Martial Artist. They are sincere people who believe they have the right motivation, but they are asking God’s blessings for the work of the devil because these Arts are not compatible with the word of God.

They deny the fact that supernatural or mental power is needed and in this they are cleverly deceived.

It is wrongly claimed that a person does not have to get involved in the occult because he studies Martial Arts.

MARTIAL ARTS ARE DEMONIC.

Barry Smith in his book “Second Warning” says of Martial Arts on page 143,

- 1. “Martial Arts are demonic.”**
- 2. “As you bow to the picture of your master, you bow with a spirit of violence to the spirit of violence in that man.”**
- 3. “As you do your deep breathing exercises, you breathe in an eastern spirit of violence. Your breath is actually reserved for the Spirit of God.”**
- 4. “The continual longing for someone to attack you upon your clear invitation, comes from a proud spirit of violence that inhabits you.”**

Although most Western instructors are more likely to promote the sporting and self-defense aspects of the Arts, the traditional teachers and instructors emphasize the religious aspect almost immediately.

Either way, the student will eventually find himself involved in the religious aspect as he progresses to the higher levels and learns deeper meditation techniques needed for some of the more astounding feats e.g. resistance of pain.

These techniques teach them control over every organ of their body at will. This is similar to the power of Indian Fakirs when they stick pins through their body or stop their heart beat. There is only one way to reach this point, and that is through practicing the religious philosophy attached to the Martial Arts.

There is a danger in this meditation because they place their minds in a passive state and open themselves up to demonic control. When challenged, many Christians say that they only do it for the exercise. They cannot see any danger. Yet for many Christians, there is the very real danger of compromising their faith and placing themselves in spiritual danger.

RELIGIOUS PHILOSOPHY OF MA

All who are involved in any of martial arts religious philosophy undergo a change in their view of reality. They tend to take on a Monastic philosophy. Monasm is closely related to Pantheism which is the doctrine that there is only one ultimate reality i.e. all things are part of God; evil is good; good is evil; the individual is a part of God.

Every Eastern religious philosophy denies the Lordship of the Lord Jesus Christ, His blood atonement and His bodily resurrection. Their religious philosophy is to try to save themselves by effort or 'works'.

Christians involved in ANY form of Martial Arts should be aware that they are giving silent approval to the religious principles involved. They are defiling the temple of the Holy Spirit (their body) and "sharing at the table of Belial" through such an involvement. Paul in [2 Cor 6:14-16](#) urges *"Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? and what communion hath light with darkness? And what concord hath Christ with Belial? or what part hath he that believeth with an infidel? And what agreement hath the temple of God with idols? for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them; and I will be their God, and they shall be my people."* Any religious exercises connected with Eastern religions goes to "the god of this world" - Satan or Belial. By taking part, the Christian grieves God Himself by having the temple of the living God, the Christian, bowing down to Satan himself. The very next verse gives clear instructions on what to do: *"Wherefore, come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you."* ([2 Cor 6:17](#))

THE 'TRADE- OFFS' OF DOING MA

People involved in the Martial Arts will find some or all

of the following problems:

1. Rebellion in their families
2. Problems with health and finances
3. Things always going wrong
4. Being prone to accidents
5. Emotional or marriage problems
6. Feelings of 'aggro' to others or things
7. Problems with their back
8. Extreme sexual thoughts
9. Blockages to their spiritual progress such as reading and understanding the Bible
10. Problems with praying.

The Kundalini or Serpent Power of Martial Arts will squeeze the essence out of your church life, your home, and out of your Christian walk with your heavenly Father.

GOOD IS NOT EVIL AND VICE VERSA

Wherever Martial Arts are practised, you will generally find the "double-fish" sign - commonly known as the Yin-Yang symbol. It is black on one side and white on the other & separated by an S- shaped line down the middle. On the white side there is a black spot and in the black side there is a white spot. The meaning being that everything has something of the opposite in it e.g. all good has bad in it and all bad has good in it.

Now this immediately and deliberately contradicts what God says about Himself: "*God is light, and in him is no darkness at all.*"

[\(1 John 1: 5\).](#)

MARTIAL ARTS IS A RELIGION

Now Martial Arts manuals warn students not to study the Arts without including meditation, because all have a deeply religious aspects to them. However this is not immediately obvious and is not emphasized, but the power and the benefits of MA are not realized until the student enters in and seeks that level of consciousness. Success and attainment in the MA's requires dedication, concentration and hard work along with obtaining the help of demon spirits.

SERPENT POWER IS THE SECRET

The principle behind Yoga and TM is the same one Martial Arts and that is to merge oneself with the "universal consciousness." This can be obtained by Zen Buddhism, Yoga or Taoism which all involve the "Kundalini" spirit or "Serpent power".

The Kundalini energy inhabits the spine regions of the body and people usually have a lot of back problems.

Christians need to be aware that Satan has the ability to paint exquisite and powerful images in the mind and frequently these images are sexually explicit.

MA DENIES THE BLOOD OF JESUS

Martial Arts is the process of arriving at self-realization and this goes against all Scriptural teaching. When we are saved we are put to death with Christ in order that He may live in us and our life is in Him. It is immaterial which form of Martial Art that is practiced, whether it be based on the doctrine of Naturalism found in Taoism or the doctrine of illusion found in Buddhism, the philosophical and religious bases of all Martial Art deny the blood atonement of Jesus Christ.

MA IS A DOORWAY TO THE DEMONIC REALM BE WARNED!

Martial Arts are not merely forms of exercises or self defence techniques but are doorways to the demonic spirit realm.

When a Christian involves himself or herself in any form of Martial Art, they acknowledge forces of power, not from God Almighty, but from demonic realms rooted in pagan demonism.

The effect on the Christian can be dramatic with the desire to pray a thing of the distant past and the desire to read the Bible slowly slipping away. He or

she may find unfortunate things happening in their life. You have to make a decision - stay in or get out, but you can't do both.

It's like being a member of a street-gang while attending meetings of the local Keep Our Neighborhood Safe Committee – you just can't do it! One or the other!

HERE'S WHAT YOU SHOULD DO:

1. Thank God for showing you that to be involved in the Martial Arts has been sinful.
2. Confess that you are a sinner and deserve nothing but God's wrath in hell for your sins.
3. Ask God to forgive your sins, **TRUSTING THAT JESUS CHRIST ALONE DIED FOR YOUR SINS.** ([Nobody else and no church and their rules can save you](#)).
4. Ask God to give you the desire to read the KJV Bible & give you the desire to pray to Him.
5. Stop doing Martial Arts and get rid of all your gear - you no longer need it.

[What's wrong with Acupuncture?](#)



[The King James Bible Church](#)

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